








Stockport Groups for people living with dementia, their families, carers and friends.

*Please contact the provider for further information. i.e. to check availability/cost.

****Please do not just turn up as some groups are full.**

Day	Activity	Venue	Time	Contact	
Monday Free to attend	HEATON NORRIS Dementia drop in A friendly get together for people with dementia, their family, carers and friends.	Heaton Norris Community Centre, Love Lane, Heaton Norris. SK4 1JA	1:30pm – 3:30pm	Geraldine 07746 634 913	
Monday Free to attend Drinks can be bought from the cafe	Monday Drop In Group DEBENHAMS STOCKPORT A friendly group that meets in the cafe	Debenhams Merseyway Shopping Centre Princess Street Stockport. SK1 1TS	2pm – 3pm	Gill Oakes 01625 871 837	
Monday £3.00	Dementia Friendly Tea Dance - Borough Care Open to all. A friendly tea dance. Booking essential	Offerton Community Centre, Mallowdale Rd, Offerton. SK2 5NX	2nd Monday of the Month 2pm till 4pm	Sophie Rawlinson 07794 810 032	
Tuesday Free to attend Drinks can be bought from the cafe	Edgeley Dementia Peer Support Weekly Get Together For anyone with dementia and their relatives or carers. Come along and have a cuppa and a chat at our friendly get together.	Olive ROC Café 88-90 Castle Street, Edgeley. SK3 9AL	10am – 11:30am	Pam 07909 903 864	
Tuesday PLEASE PHONE BEFORE ATTENDING FOR FIRST TIME £3.00 includes a drink and lunch	Tuesday Activity Memory Group BRAMHALL A friendly activity group with a light lunch and entertainment managed by the Rotary Club	Bramhall United Reformed Church, Robbins Lane, Bramhall. SK7 2PE	12:30pm – 2:30pm	Marian 07860 112 212	
Tuesday Free to attend Hot and cold drinks can be bought from the bar	Living In The Present A friendly group. Music from the past, games, darts dominos, cards within a pub. Come along with your carer	The Greyhound Pub, Bents Lane, Bredbury. SK6 2NL	1pm - 3pm	0161 430 2481 Or 07791 476 423	
Tuesday Free to attend Drinks can be bought from the cafe	Woodbank Dementia Friendly Walking Group A friendly group who have a light walk around the park followed by a brew in Vernon café.	Vernon Park Café, Turncroft Ln, Offerton. SK1 4AR	2pm	Edward Coverley 07514 412 977 <i>In conjunction with Borough Care</i>	

<p>Wednesday Free to attend Hot and cold drinks can be bought from the bar</p>	<p>Wednesday Drop In CHEADLE HULME A friendly get together for people with dementia, their family, carers and friends. Managed by the Rotary Club</p>	<p>The Governors House Pub, 43 Ravenoak Rd Cheadle Hulme. SK8 7EQ</p>	<p>Alternate Wednesdays 10:30am – 12:30pm</p>	<p>Marian 07860 112 212</p>	
<p>Wednesday Free to attend Soup and a roll available at a cost if required</p>	<p>OFFERTON Dementia Drop In A friendly get together for people living with dementia, their family, carers and friends. Sing along with the Dementia choir or join the art group. Supported by Stockport School and EDUCATE</p>	<p>Offerton Community Centre, Mallowdale Rd, Offerton. SK2 5NX</p>	<p>Monthly (3rd Wednesday of the month) 10:30am – 1:30pm</p>	<p>Louise Evans 07875 990 222</p>	
<p>Wednesday** PLEASE NOTE THIS GROUP IS FULL. CONTACT GEMMA FOR WAITING LIST**</p>	<p>REDDISH Dementia Friendly Café A friendly get together for people with dementia, their family, carers and friends.</p>	<p>The Tapestry@St Agnes Church, Off Gorton Rd, North Reddish. SK5 6RA</p>	<p>12pm – 2:30pm</p>	<p>Gemma Magee 07498 996 634</p>	
<p>Thursday £2.50</p>	<p>Singing for the Brain HAZEL GROVE A friendly get together for those living with dementia, carers and friends; sing along to your favourite songs. No singing ability required</p>	<p>United Reformed Church, Short Street, Hazel Grove. SK7 4AD.</p>	<p>Alternate Thursday 11am – 12:30pm</p>	<p>Alzheimer's Society 0161 477 6999</p>	
<p>Thursday £2.50 Incudes snack and drink</p>	<p>Thursday Memory Café CHEADLE A friendly get together for people with dementia, their family, carers and friends. Managed by the Rotary Club</p>	<p>Trinity Church, Massie Street, Cheadle. SK8 1DU</p>	<p>Alternate Thursdays 11am – 1pm</p>	<p>Marian 07860 112 212</p>	
<p>Thursday Free to attend</p>	<p>Best foot forward dementia walking group - Cheadle 30 min walk around Abney Park. Free friendly walks.</p>	<p>Abney Court Care Home, Abney Hall Park, Manchester Rd, Cheadle. SK8 2PD</p>	<p>Alternate Thursdays 11:30am</p>	<p>Booking is essential Pam Wilson 0161 495 3780</p>	
<p>Thursday Free to attend Drinks can be bought from the cafe</p>	<p>ROMILEY Drop in Café Nibble & Natter For people living with dementia, their family, carers & friends.</p>	<p>Romiley Life Centre, 3 Stockport Rd, Romiley. SK6 4BN</p>	<p>3pm – 4pm</p>	<p>Margaret 0161 406 6729 or Ann 0161 317 1006</p>	
<p>Friday Free to attend Hot and cold drinks can be bought from the bar</p>	<p>The MARPLE Drop In. A friendly group organised by Dementia Friendly Marple and EDUCATE</p>	<p>Marple Cricket Club, Bowden Lane, Marple. SK6 6LJ</p>	<p>11:30am – 1:30pm</p>	<p>c/o Alzheimer's Society 0161 477 6999</p>	
<p>Friday THIS GROUP IS FULL. CONTACT ALZHEIMERS SOCIETY FOR WAITING LIST**</p>	<p>Friday Drop In HEATON MOOR A friendly get together for people with dementia, their family, carers and friends. Operated by Dementia Friendly Heaton</p>	<p>Heaton Moor United Church, Stanley Road, Heaton Moor. SK4 4HL</p>	<p>1:30pm – 3:30pm</p>	<p>c/o Alzheimer's Society 0161 477 6999</p>	